

FIG. 1
(PRIOR ART)

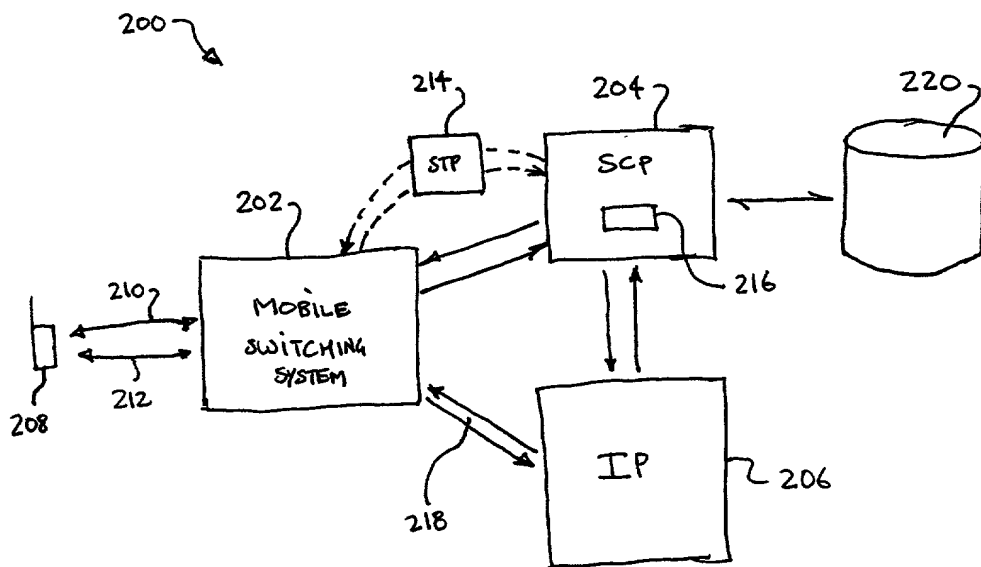


Fig. 2

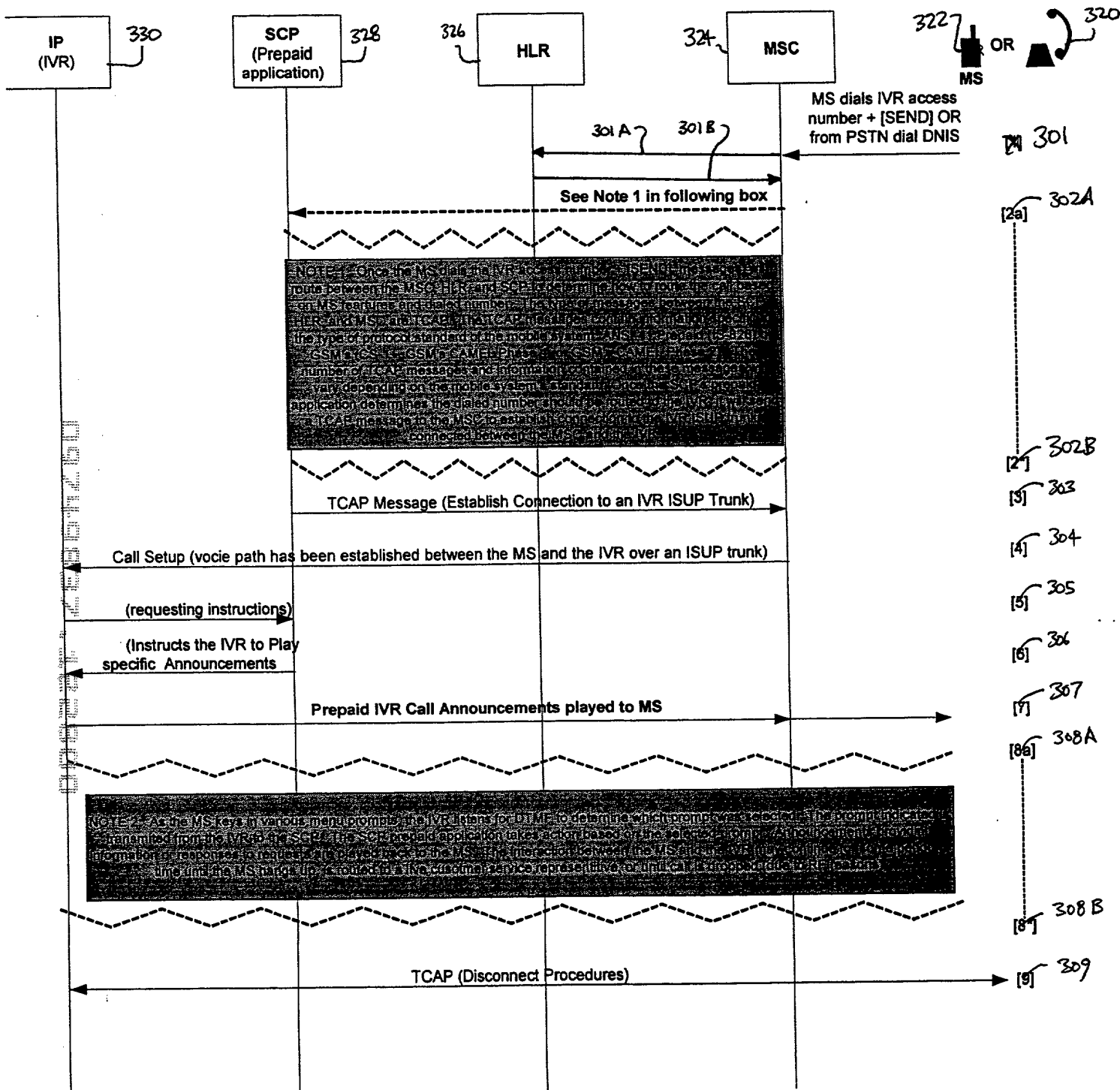


FIG. 3

Variable	Mean	SD	Min	Max
Age (years)	34.5	10.2	18	65
Gender (Male/Female)	15/15	0	0	30
Marital status (Married/Single)	10/10	0	0	20
Education (High school/College/Postgraduate)	10/10/0	0	0	20
Occupation (Student/Teacher/Other)	10/10/0	0	0	20
Religion (Muslim/Hindu/Other)	10/10/0	0	0	20
Family size (Number of children)	2.5	1.5	0	6
Income (Monthly income in INR)	15000	5000	5000	30000
Health status (Healthy/Unhealthy)	15/5	0	0	20
Smoking status (Smoker/Non-smoker)	5/15	0	0	20
Alcohol consumption (Regular/Occasional/None)	5/10/5	0	0	20
Exercise frequency (Daily/Weekly/Monthly/None)	5/10/5/0	0	0	20
Stress level (Low/Medium/High)	10/10/0	0	0	20
Sleep quality (Good/Fair/Poor)	10/10/0	0	0	20
Dietary habits (Vegetarian/Non-vegetarian)	10/10	0	0	20
Work-life balance (Good/Bad)	10/10	0	0	20
Overall well-being (Satisfied/Dissatisfied)	10/10	0	0	20

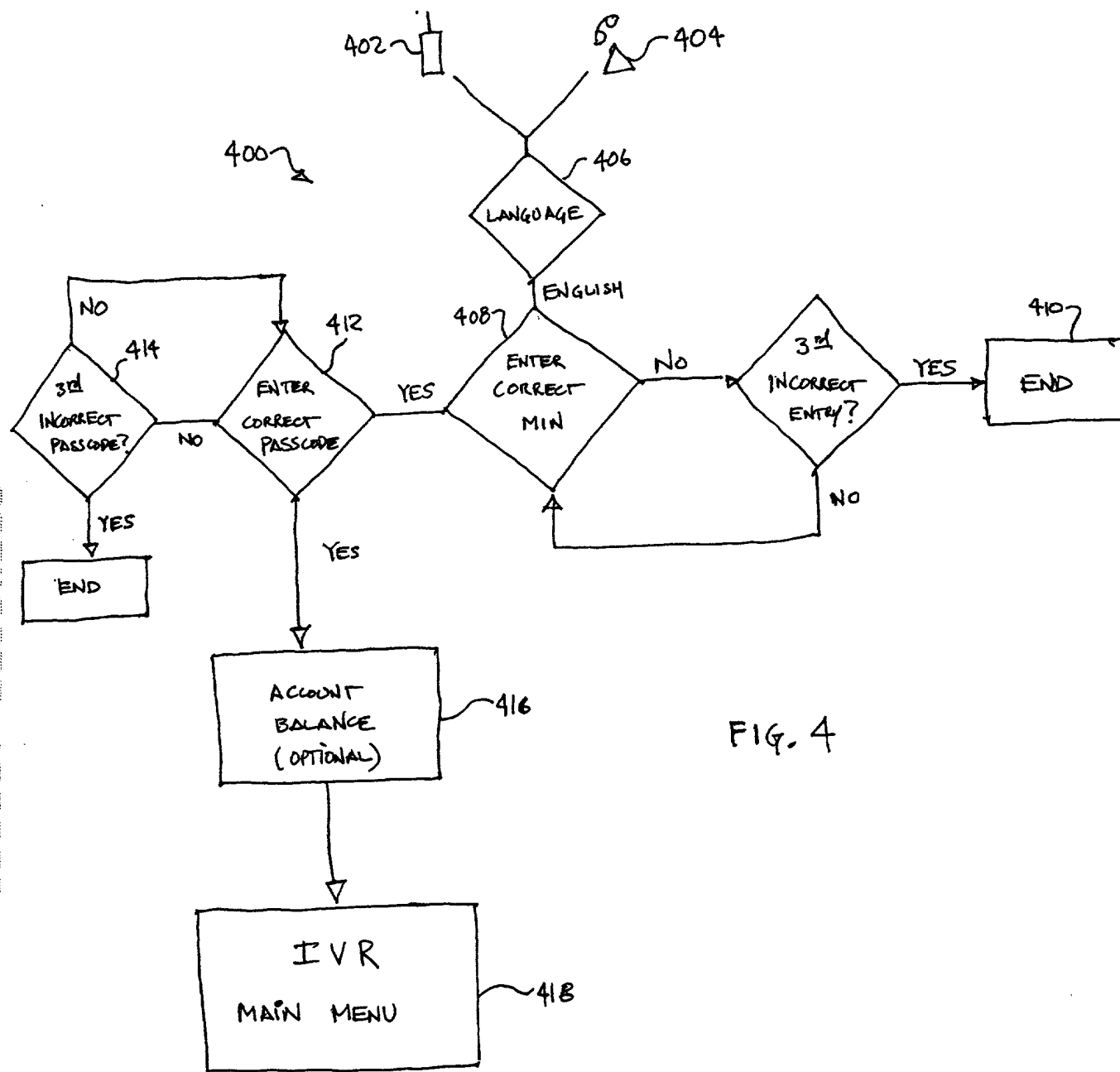
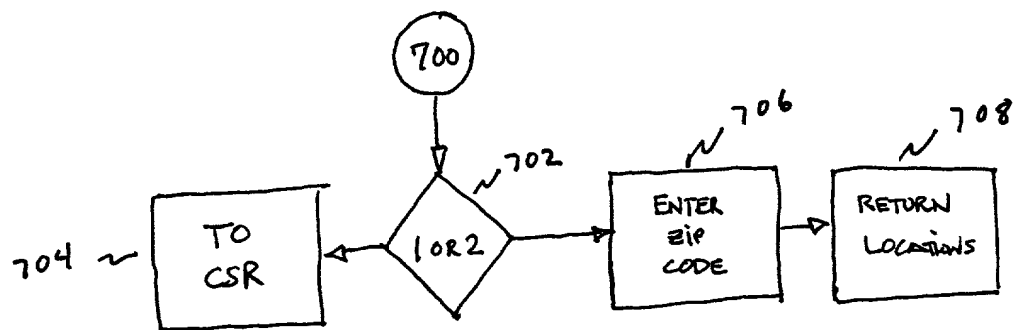
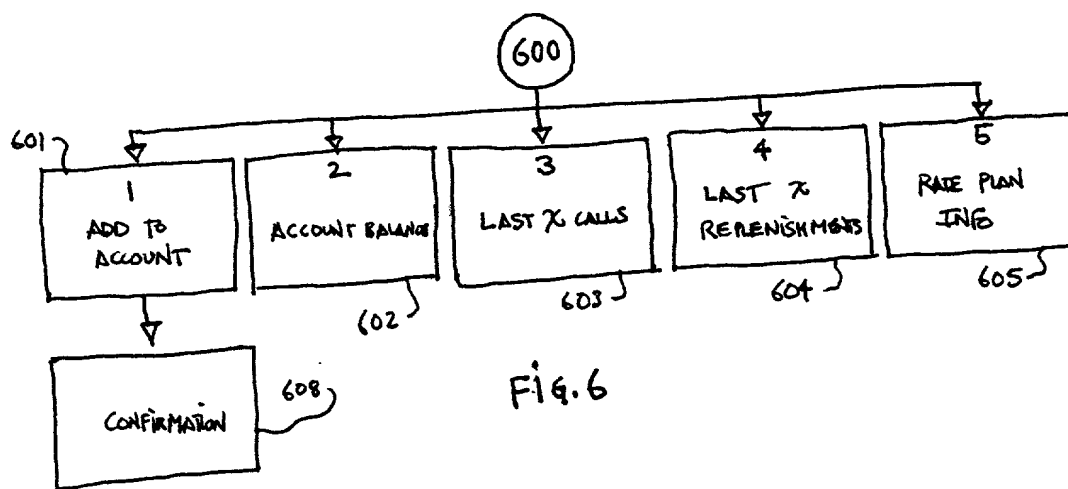


FIG. 4



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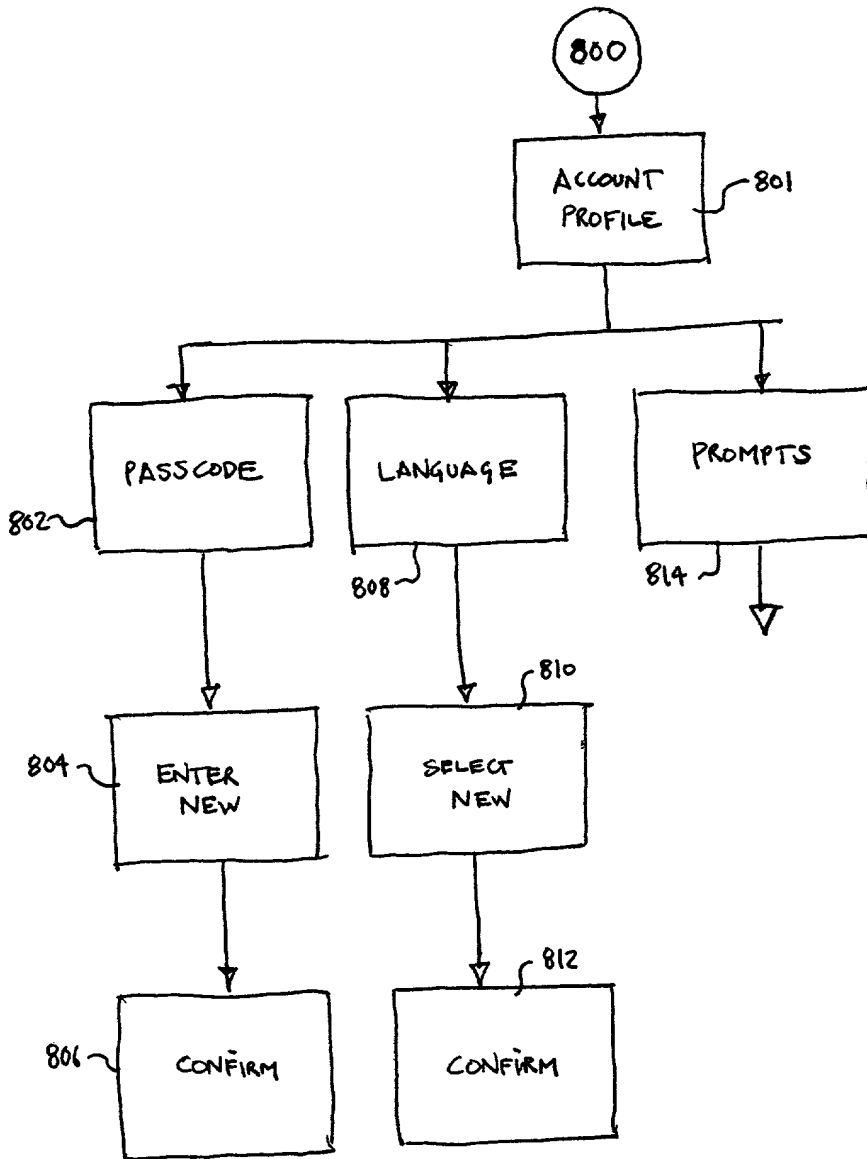


FIG. 8A

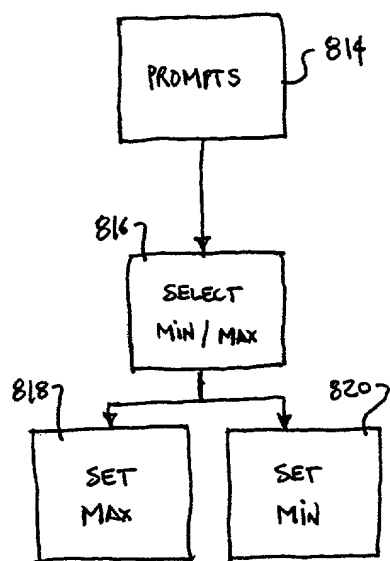


FIG. 8B

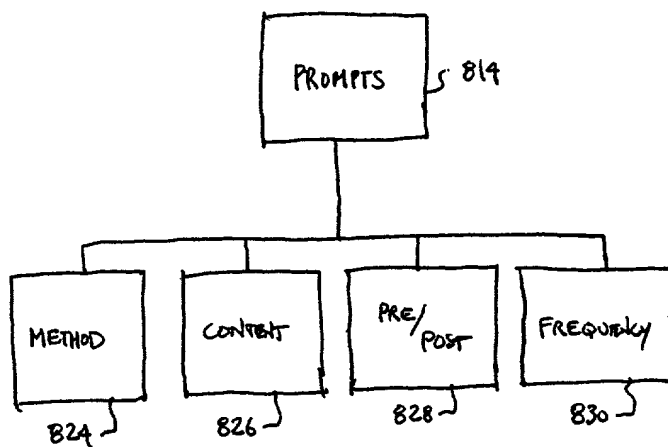


FIG. 8C

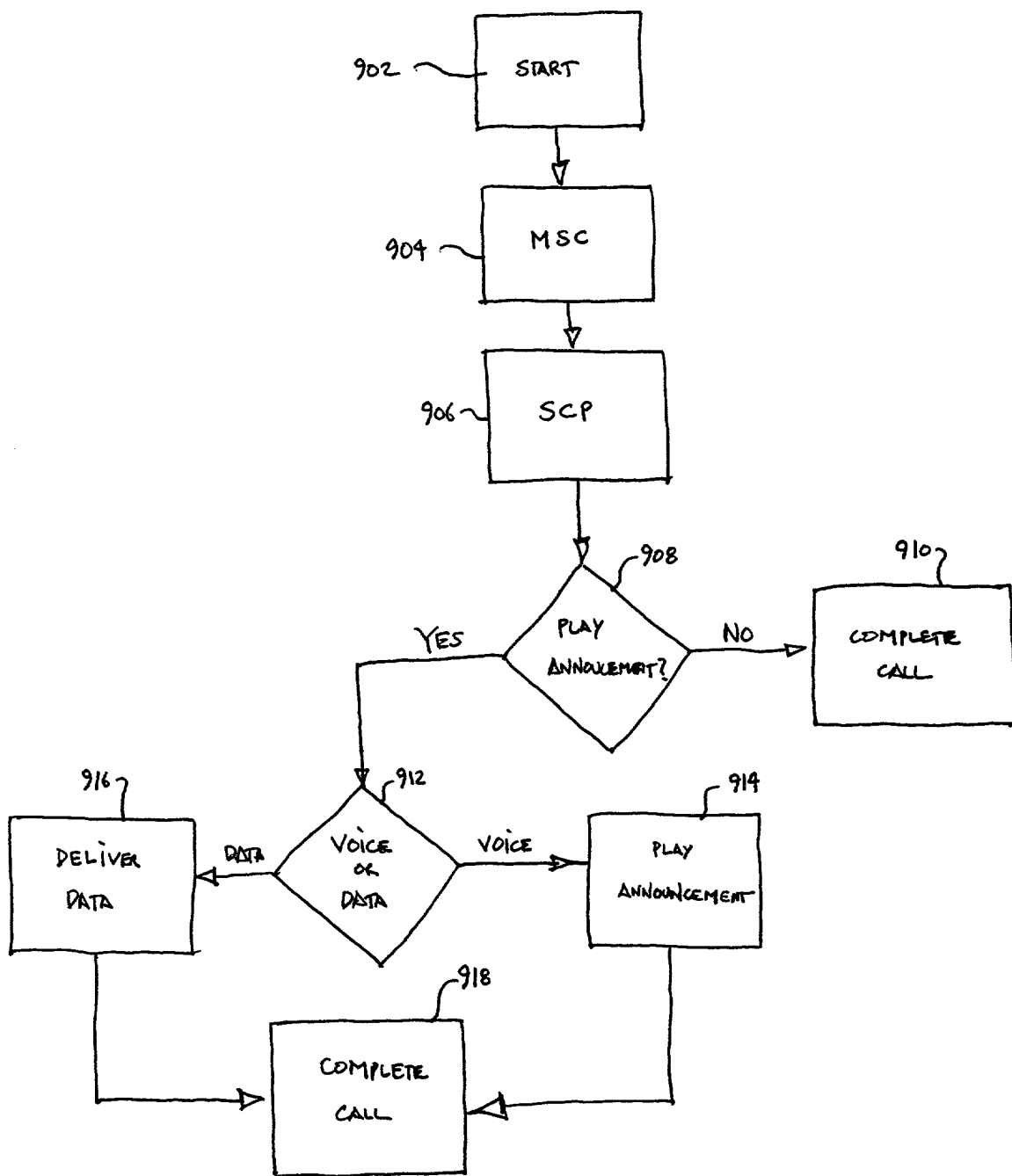
[illegible]

FIG. 9